



***Get Your Summer On! Gets kids involved in high quality summer programs so they can be safe, be active and keep learning.***

- It is important for every child to learn during summer to avoid losing skills they have gained during the school year
- High quality summer programs can help disadvantaged children avoid summer learning loss and even register gains that will keep them on track for high school graduation and productive careers.
- Summer is also a time that puts nutrition at risk for disadvantaged children. They are more likely to gain weight during summer without structured activity and balanced meals.
- Most students lose about two months of math skills over the summer months. Students also lose more than two months in reading achievement, despite the fact that their middle-class peers make slight gains.
- Summer is an untapped space for instructional innovation that can transform teaching and learning all year and help prepare all students for both the Common Core standards and college.

To learn more about West Contra Costa Out-of-School Time Collaborative please visit <http://EdFundWest.org/what-we-do/OST>

**Did you know** most students lose about two months of math and reading skills during the summer?

**Don't let your child's summer go to waste!**

**Locate a summer program that fits your budget.** Programs offered by schools, recreation centers, universities, and community-based organizations often have fee waivers or sliding scales based on income.

**Play outside.** Power down the TV and electronic games and, instead, seek out or organize physical activities that lead to healthy development.

**Explore and learn.** If you are taking a day trip by car, choose a place with an educational theme. A regional park is a low-cost way to get outside and learn about nature.

**Head to the library! It's a great, free resource.** Check out books that interest your child. Participate in free library summer programs and make time to read every day.

**Take advantage of local services.** Take free or low-cost educational trips to parks, museums, zoos and nature centers.

Find more information on Summer Learning at  
[GetYourSummerOn.org](http://GetYourSummerOn.org)

